

## Activity Report

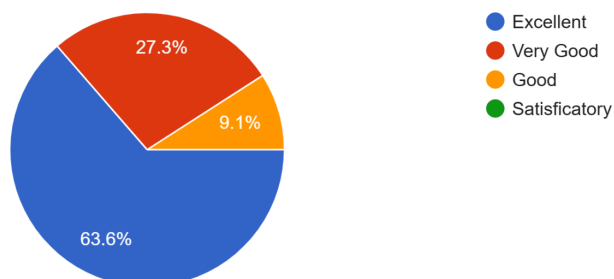
<b>Name of activity</b>	Three Days Workshop on Self Defence
<b>Objectives of the activity (maximum 40 words)</b>	Objective is to teach participants basic techniques to protect themselves in various situations, focusing on strikes, escapes, and defensive manoeuvre.
<b>Organizing department/s</b>	NSS UNIT
<b>Collaborative institute</b>	Department of Child and Women Development, Government of Maharashtra.
<b>Date ( DD / MM / YYYY )</b>	03/07/2023 to 05/07/2023
<b>Venue</b>	Patanjali Auditorium
<b>Mode</b>	Offline
<b>Details of Resource person (name, designation, institution)</b>	<ul style="list-style-type: none"> <li>● Rohit Lokhande</li> <li>● Uday Shinde</li> <li>● Soham Sarvankar</li> <li>● Sanjay Sonawane</li> <li>● Rekha Hire</li> <li>● Mahesh Gaikwad</li> </ul>
<b>Key Participants</b>	Female students
<b>Remarkable outcomes/ key take-away messages (max. three)</b>	<ul style="list-style-type: none"> <li>● Participants learnt basic techniques to protect themselves.</li> <li>● They developed a heightened sense of awareness regarding their surroundings and potential threats.</li> <li>● They felt empowered to take charge of their personal safety and well-being.</li> </ul>
<b>Details of participants</b>	
Total Number	35
Outsiders	Nil
In-house	Faculty members: 4
	Non – NSS Students: Nil
	NSS Volunteers: 31 Male: 4 Female: 27
<b>Additional information</b>	Nil

Name of Coordinator/ teacher in-charge: Mr. Sudhir Bhosale (NSS Programme Officer)

## Two Geotagged photos:



## Graphical Representation of Feedback:



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